



The Royal SHOULDs We should.....

(Adapted from an article published in TCF Wanganui newsletter many years ago)

SHOULD.... I will not SHOULD on myself today.

I won't let others SHOULD on me today either.

Immediately after my child died I was bombarded on all sides with lots of SHOULDs from well-meaning SHOULDers.

You SHOULD keep a stiff upper lip.

You SHOULD be strong for the rest of the family.

You SHOULD not dwell on it

You SHOULD not cry.

You SHOULD just accept it as God's will. He knows best.

You have other children... you SHOULD live for them.

You SHOULD have another baby.

You SHOULD not have her/his photo out as a constant reminder.

You SHOULD keep busy. If you keep busy, you SHOULD have no problem with sleeping.

You SHOULD work in the garden, you SHOULD work in the house.

You SHOULD keep active.

You SHOULD go back to work... then you won't have time to think about it.

You SHOULD think about all the other people who have lost children!

Many people are like the Royal King or Queen of SHOULD.

One woman I know is full of SHOULD. I should really like to apply a generous amount of superglue to her mouth. This Queen of SHOULD knows exactly how I SHOULD feel and exactly what I SHOULD do.... However should one of her children be ill, she is beside herself.

I'm sure you have experienced this problem of the Royal SHOULDs.

Have you noticed all this SHOULD comes from people whose children are living?

So just for today, DON'T let anyone SHOULD on you.

SHOULD