



## 7<sup>TH</sup> MAY 2023

The Sunday prior to Mother's Day is marked as Bereaved Mother's Day. As grieving Mums we have earned our own day dedicated to us to help heal our hearts.

Mother's Day was founded in the USA by Anna Jarvis back in 1908, dedicated to her own mother. As time went by, more and more people started to celebrate Mother's Day, until it became a full-blown international event. Sadly, Anna later spent many years trying to get it removed from the calendar as she felt it had become too commercialised.



Carnations. Anna Jarvis once said that white carnations were the symbol of Mother's Day because the flowers typify the virtues of motherhood: purity; gratitude; lasting qualities; faithfulness; its fragrance; pure love; its wide field of growth; charity; form and beauty..." Also this flower doesn't drop its petals but folds them to it's heart

