



May 7th 2023 is International Bereaved Mother's Day

The Sunday before Mother's Day is.....

International Bereaved Mother's Day.



**On this day** - to all those who carry a child in their heart; we see you and hear you and think of you today.



**On this day** - we hold space in our hearts for grieving mothers who have endured the unfathomable loss of a child



**On this day** - please keep mothers mourning the death of a child in your thoughts. Reach out to them with a word, flower or note.



**On this day** – if you are a bereaved Mum we honour your courage. A mother's grief is as timeless as her love.



**On this day** – we remember you for your strength -for there is no stronger person than a grieving mother that wakes up and keeps going every morning.

